
Contraception workshop

Let's talk contraception: two accounts of a single workshop

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Contraception is neatly structured along the lines of gender. The meteoric rise of the pill in the 1960s has reinforced hormonal methods for those born as women as the heteronormative default for contraception worldwide. Feminist movements question not only the well-known side effects, but also the unequal distribution of contraceptive work. Bridging between autonomy and control, the workshop on contraceptive equity in practice at gd:c asked doctors, counsellors and users how they navigate the deeply gendered practice that is contraception.

Our two authors paint two pictures of the discussions, one from the perspective of a research student (Samara Relkovic) and the other a curious journalist (Romy Hölzel). The dis:connectivity lies in the disparate norms that apply to the two sexes when it comes to the results of relationships that inherently involve both.